

IWGDF Guideline on offloading foot ulcers in persons with diabetes 2019

Key Statements

“The TCC had been considered for decades the gold standard offloading intervention to heal neuropathic plantar ulcer. Our previous guidelines broadened the recommendation to a non-removable offloading device, to include both, a TCC and a pre-fabricated removable knee-high walker rendered non-removable with an appropriate foot-device interface.”

“The meta-analysis found no difference in ulcers healed using TCCs and non-removable walkers”²

Plantar and forefoot ulcers: “use a non-removable knee-high offloading device” Recommendation STRONG (level of evidence HIGH)

Full Offloading Guideline: [Microsoft Word - 03 - Offloading - final.docx \(iwgdfguidelines.org\)](https://www.iwgdfguidelines.org/03-Offloading-final.docx)